



Tom Wootton

President and CEO of Bipolar Advantage, Speaker on Mental Health, Consumer Advocate, and author of The Bipolar Advantage and The Depression Advantage.

Dynamic Speaker

Tom Wootton is a truly original voice in the world of mental health. Tom's speaking style is dynamic and engaging. He has spoken before large and small audiences of every type from mental health professionals, to consumers, to corporate executives.

Fascinating Topics

Turning Mental Illness from a deficit to an advantage is a concept that some find outrageous, but Tom uses his own experiences as a bipolar person as well as historical and contemporary examples to engage the audience in a dialogue about the very nature of mental illness; its course, prognosis and ultimately the way mentally ill people view themselves and the world around them. Defining results worth striving for is the focus of Tom's presentations.

Reaction

Thank you for giving an outstanding talk on living with bipolar disorder. Your insight is brilliant, the way you have come to see your condition as an advantage, as a gift and as something that is valid and meaningful. I can only imagine how inspiring you are to people that attend your workshops!

- Dr. Michael Sands, Assistant Chief, Department of Psychiatry, Kaiser Permanente, Hayward, California.



Past Engagements Include:

NAMI National Alliance on Mental Illness-
Keynotes for Regional & National Conferences.

Orange County Behavioral Health -Bipolar in
Order workshop for 250 consumers and mental
health professionals.

Kaiser Permanente Department of Psychiatry -
Lecture to doctors during monthly meeting.

Mental Health Associates of Orange County,
CA. Mental Health Conference at the Disneyland
Hotel. Spoke to 650 doctors, medical
professionals, non-profit organizations and
pharmaceutical companies.

**Riverside County Department of Behavioral
Health**, Conference on Older Adult Services -
Lecture on bipolar and depression for therapists,
mental health professionals and consumers.

Tom Wootton has spoken nationwide on mental
health for the past 5 years. A full list of his
speaking engagements is available upon request.

Comments:

*The keynote presentation was many things; engaging,
informative, poignant, reflective, and insightful - all
based on your ability to view your condition from an
unorthodox perspective. You were well received by all!*

**Sandra L. Cusmano, Director of Development, MHA of Orange
County.**

*Wootton is ahead of the pack. He is standing up to the
pervasive deficit-based view of people with psychiatric
disorders and saying with grace, humor and the
strength of personal experience that it is possible to
take this disorder and live abundantly and creatively.
Tom is helping people both to face up to their illness
and to resist accepting a diminished story of their
lives.-* **Maureen Duffy Ph.D., Professor and Chairperson, The
Counseling Program, Barry University**

